

8065 Route 209 Ellenville Phone number: 845-594-6527 A healthier spin on lunch No fryers, Just food

Salads and Wraps

Any salad can be made into a wrap Add chicken \$3.50 Add veggie burger \$3.50 Add Avocado \$2.50

Spinach Salad \$9.99

Cremini mushrooms, bacon, goat milk feta, toasted sunflower seeds, sweet cherry tomatoes, shredded carrots and pickled beets over a bed of organic spinach, topped with your choice of dressing

Veggie burger salad \$9.99

Black bean veggie burger, diced red onions, red peppers, sweet cherry tomatoes, and ripe avocado, over a bed of your choice of organic greens.

Farm Salad \$8.99

Keep it basic with organic field greens, cucumber, sweet tomatoes, red peppers, shredded red cabbage, ripe avocado, shredded carrots and red onions.

Panini

All made on local peasant bread toasted to perfection.

Caprese \$9.99

Fresh mozzarella, tomato, fresh basil pesto topped with balsamic vinegar and olive oil Add chicken \$3.50

Honey Lavender \$9.99

Local goat cheese made with lavender and honey on toasted peasant bread with fig jam and fresh arugula.

Grilled Cheese \$9.99

Cheddar cheese, swiss, and provolone cheese melted on toasted peasant bread with tomatoes and fresh arugula.

Chicken with roasted peppers \$10.99

Grilled chicken, fresh mozzarella, roasted red peppers, balsamic vinegar, basil pesto and arugula.

Chicken and provolone \$10.99

Grilled chicken and onions, provolone cheese, field greens and sweet honey mustard.

Avocado toast

Mango \$5.50

Ripe avocado topped with sweet mango and a dash of cayenne pepper on multi grain toast.

Classic \$4.50

Olive oil, ripe avocado, salt and pepper on toasted multigrain toast.

Sunflower Toast \$5.50

Ripe avocado, crumbled local goat cheese, diced tomatoes, toasted sunflower seeds, salt and pepper on toasted multigrain toast.

Hummus Toast

Sunflower \$5.50

Crumbled Local goat cheese, diced tomatoes, and sunflower seeds on toasted multigrain toast.

Sweet Toast

Nutella Toast \$5.50

Nutella topped with sweet bananas on toasted multigrain bread.

PB Toast \$5.50

Peanut butter spread on multigrain toast topped with sweet bananas and a drizzle of local honey.

Soups:

Selection varies, call to find out today's selections

Sides Included with the purchase of salad/wrap/sandwich

Bag of chips Beverage

Hot Dogs:

Premium all beef hot dogs \$3.50 Comes with your choice of mustard/ketchup/relish

Additional topping \$0.75

Hot and Sweet bread and butter pickles, Bread and Butter pickles, Sauerkraut, Onion sauce, Cheese, Chili, raw onions All food used is either homegrown or sourced as locally as possible. We use all natural fresh chicken raised with no growth hormones, and no antibiotics. *menu subject to change