

## SANDWICHES

**SERVED WITH SLAW, MAC OR POTATO SALAD  
CHOICE OF BREAD, HARD ROLL, CIABATTA OR WRAP**

BLT .....	9
<i>bacon, lettuce, tomato, garlic aioli   bagel/bread</i>	
Bahn Mi .....	13
<i>Vietnamese roasted pork, cilantro, Asian slaw, spicy sauce</i>	
Rueben .....	13
<i>pastrami or turkey, Swiss, thousand island, whole grain mustard, sauerkraut</i>	
BBQ Pulled Pork .....	13
<i>pulled pork, cheddar, sautéed onions, BBQ</i>	
Roasted Pork .....	13
<i>roasted pork shoulder, poached pear, chipotle mayo, arugula</i>	
Cuban on Ciabatta .....	13
<i>roasted pork, ham, swiss, pickles whole grain mustard</i>	
Seared Salmon .....	13
<i>mixed greens, tomato, pesto mayo</i>	
Roasted Turkey .....	12
<i>turkey breast, smoked bell peppers, spinach, roasted garlic aioli</i>	
Buffalo Chicken Wrap .....	13
<i>buffalo style crispy chicken, LTO + cheddar</i>	
Shredded Chipotle Chicken .....	13
<i>chipotle BBQ sauce, caramelized onions, sautéed bell peppers</i>	
Chicken Strawberry .....	13
<i>grilled chicken, strawberries, avocado, mixed greens, goat cheese, balsamic</i>	
Chicken Italian .....	13
<i>grillen chicken, spinach, provolone, mozzarella, sharp cheddar, pesto</i>	
Wild Mushroom + Eggplant .....	11
<i>wild mushrooms, grilled eggplant, goat cheese, cayenne mayo</i>	
Falafel .....	13
<i>homemade hummus, mixed greens, fusion salsa, mojo sauce</i>	
Tuscan Chicken.....	13
<i>grilled chicken, roasted reds, spinach, sun dried tomatoes, garlic aioli</i>	
Tuna Salad or Chicken Salad .....	9
<i>your choice of bread + side</i>	

## SPECIALTY SANDWICHES

Pork Belly BLT .....	12
<i>porkbelly, lettuce, tomato, garlic aioli</i>	
Hot Honey Chicken .....	13
<i>chicken cutlet, cole slaw, cheddar, pickles</i>	
Philly Cheesesteak .....	13
<i>thin sliced beef, American cheese, onions, peppers, mushrooms, served on ciabatta</i>	
Blackened Chicken Caesar Wrap .....	13
<i>caesar, romaine, parmesan cheese</i>	
Beer Battered Cod .....	13
<i>beer battered cod, tartar sauce, lettuce, American cheese</i>	
Blackened Tuna .....	13
<i>mixed greens, tomato, chipotle mayo</i>	
Fish + Chips Platter .....	14
<i>three cod filets with tartar sauce served with French fries only</i>	

## GRILLED CHEESE

Three Cheese Grilled Cheese .....	8
<i>provolone, mozzarella, cheddar</i>	
BBQ Style Grilled Cheese .....	9
<i>pesto, bacon, BBQ sauce, cheddar, mozzarella</i>	
My Jam Grilled Cheese .....	9
<i>cheddar, goat cheese, sweet onion jam</i>	

## LUNCH SIDES

Fries .....	4
Sweet Potato Fries .....	5
Super Slaw.....	3
Broccoli Slaw .....	3
Macaroni or Potato Salad .....	3
<b>ALL SANDWICHES SERVED WITH CHOICE OF SLAW, MAC, OR POTATO SALAD</b>	
<b>FRENCH FRIES +1</b>	
<b>SWEET POTATO FRIES +2</b>	

*Bagels + Bites*  
HIGHLAND NEW YORK

**PICK UP &  
DELIVERY**

CALL TO ORDER

**845 - 834 - 3555**

### DAILY SPECIALS

MONDAY  
TO FRIDAY

### EGGS ALL DAY

BREAKFAST  
BRUNCH  
LUNCH

### ESPRESSO BAR

LATTES  
COFFEES  
AMERICANOS  
ESPRESSOS  
CAPPUCCINOS

### HOURS

MONDAY TO SATURDAY  
6:30 AM to 2 PM  
SUNDAY 8AM TO 2PM

### OUR LOCATION

3497 Route 9W  
HIGHLAND  
NEW YORK 12528  
bagelsandbitesny.com  
@bagelsandbites

## BAGELS

Bagel .....1.25  
with Butter .....2.75 with Cream Cheese .....3.50  
Bagel with Flavored Cream Cheese .....4  
Bagel with Peanut Butter + Jelly .....3.50  
Half Dozen .....7.50  
Baker's Dozen .....15  
Cream Cheese ..... 3 / 6 / 8  
Flavored Cream Cheese ..... 3.50 / 7 / 9

### Italian Pesto Sandwich .....6

tomato, mozzarella, pesto, spinach, onion

### Hummus Sandwich .....6

hummus, spinach, tomato, avocado

### Turkey Avo Bacon .....7

turkey, avocado, bacon

### Lox .....9

with cream cheese, tomato, red onion

## EGGS

2 Eggs + Cheese  
Roll or Bagel.....5  
Bacon / Sausage / Turkey, Egg, + Cheese  
Roll or Bagel .....6  
Pastrami, Egg, + Cheese  
Roll or Bagel .....7

### The BECCA .....7

Bacon, egg, cheese, chipotle mayo, avocado

### Breakfast Plate .....8

2 eggs, choice of meat, homefries

### Scrambled Egg Sliders .....7

on 2 fresh biscuits with choice of meat

### Veggies + Eggs .....10

eggs any style, grilled eggplant, mushrooms,  
avocado, + side of potato lentil hash

### Lumber Jack Sandwich .....8

sausage, bacon, eggs, cheese, homefries

### Huevos Rancheros .....8

sunny side eggs, salsa, Sriracha  
avocado, grilled bagel of choice

### Western Sandwich .....6

scrambled eggs, onions, peppers, cheese

### Bollywood Wrap .....8

scrambled eggs, Indian infused salsa,  
mint chutney, side of potato lentil hash

## BREAKFAST

Pancakes .....7

French Toast .....7

ADD MEAT.....3

ADD EGGS.....3

ADD HOME FRIES.....3

ADD FRUIT.....3

Yogurt Parfait .....6

greek lowfat yogurt, lowfat granola, fruit

Western Omelette .....11

3 eggs, sautéed peppers, tomatoes, onions,  
diced ham, cheddar cheese

Onion Jam Omelette .....11

3 eggs, baby spinach, caramelized onions,  
balsamic jam, goat cheese

The OG Omelet .....11

3 eggs peppers, onions, cheese, bacon

Meat Lovers Omelet .....13

bacon, ham, sausage, cheese

Egg White Delight .....12

5 eggs, peppers, onions, cheese, bacon

Loaded Home Fries .....9

peppers, onions, cheese, bacon

all omelettes come with home fries

## SIDES

Bacon .....3

Sausage .....3

Turkey Sausage .....3

Turkey .....3

Crits .....5

Oatmeal .....5

Oatmeal with fruit + nuts .....7

Smoked Salmon.....5

Poached Pears .....3

## DRINKS

Water \$2

Iced Tea \$2.75

Soda + Juice \$2.75

## COFFEE + TEA

Small \$2

Medium \$2.50

Large \$3

## BURGERS

ALL BURGERS SERVED WITH FRIES  
OR CHOICE OF SIDE

Classic Burger .....14

lettuce, tomato, onion, served with  
cheddar, american, mozzarella or swiss

Bacon + Avocado .....15

bacon, sliced avocado, cheddar, bacon aioli

German Burger .....15

cheddar, whole grain mustard, sautéed  
onions, served on a brioche bun

Jam Burger .....15

onion jam, fried egg, cheddar

Veggie Lovers .....13

homemade quinoa + potato patty, spinach,  
goat cheese, caramelized onions, garlic aioli

Vegan Burger .....13

homemade quinoa patty, arugula,  
served with oil + vinegar

## SALADS

ADD CHICKEN.....4

ADD SALMON OR TUNA.....5

Greek Salad.....8

romaine, feta, Kalamata olives, red onion,  
served with greek dressing

Garden Salad .....8

mixed greens, tomato, onion, corn, peppers

Classic Caesar .....8

romaine, parmesan, caesar dressing

Baby Spinach .....8

sliced red onion, bacon, tomato

Strawberry Salad .....8

mixed greens, bacon, goat cheese,  
avocado, strawberries

Tuscan .....8

arugula, RRP, sundried tomatoes, + bacon